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Coach Kenya is a happily engaged family man with 3 children and 4 grandchildren. His passion is basketball with his favorite pro team being the NY Knicks and favorite college team the Georgetown Hoyas. He also loves the Chicago Bears (he roots for the Steelers because he lived there), win or lose. He believes that through hard work and patience that all things will come in time with a strong faith. Coach Kenya is OHSAA and concussion training certified. His coaching experience begins in New Kensington Pennsylvania where he coached 8+ seasons of boys' basketball with the (Valley Vikings) New Kensington Arnold School district. This journey began with him coaching 6 seasons of 7th grade boys and 2 seasons with 9th grade boys. While at Valley he was honored to enjoy two undefeated seasons, one overall and another in sections. Out of those 8 eight seasons, 6 of them are winning seasons. All along he also dreamt of coaching basketball privately, this opportunity came through his relocation here to Ohio in 2014. He coached 5th grade recreational ball with Centerville Hustle and one year with 2nd grade. Coaching positions included all facets of the game; PG, SG, SF, PF and C positions. Current student/athletes include boys AND girls (privately), SIX to have successfully made AAU teams under his direction in less than a year. Coach Kenya is a fundamentalist when it comes to the sport.

Program details:

Session plans are built on the fundamentals of recognizing that an athlete's shot "begins from the ground up." With coach having studied and graduated as an Occupational Therapy Assistant a parent can expect to get more than a coach. His focus is on the details as well as helping his student/athlete's in some cases rebuild muscle memory. There is a foundation built on encouragement and never tearing down a student/athlete, that what will come from consistent sessions is progress. Coach Kenya believes in building through words of encouragement and motto's. All work outs are drills for skills after the first session. Ball handling in the sessions include speed, control and power dribbling. This may include cones, working on all moves; cross-over, spin moves, fake spin, fake cross-over, (interchange) between the legs, behind the back all to finish with a layup. A typical session may begin with warm-ups, layups (and may have to correct form during), or dribbling for 15 minutes, then jump-shots (or mini-jump shots) from 15 feet while practicing coming off a screen making sure hands are ready for the ball. Shots would include a variety of moves prior, pump-fake then shoot, pump-fake one dribble then shoot...all while working on form. Footwork is included in sessions for moving without the ball. There is really no limit...apart from capability to the drills which would be completed. Drills are run in 10-15-minute intervals with time for instruction. One of coach Kenya's motto's is, "I'd rather you shoot right and miss it, than shoot wrong and make it."