Kingdom Sports Center Presents ONE DAY CAMP/SHOOTING CAMP/EXPLOSIVE GUARD CAMP

Location: Kingdom Sports Center

440 Watkins Glenn Dr.

Franklin, OH

When: March 18th- 19th, 2017

March 18th One Day Camp 8:00am-1:00pm March 18th Shooting Camp 2:00pm-7:00pm

March 19th Explosive Guard Camp 8:00am-1:00pm

Cost: One-Day Camp \$85

Shooting & Explosive Guard Camp \$150 each

Register: www.OtterBasketball.com, call 1-866-357-2966 or

Mail Check With Registration Form on Back

One-Day Camp: Are you ready to change your game? OtterBasketball has developed a system for training that maximizes player results while reinforcing good old-fashioned work ethic. This is a one day, 5 hour camp for the SERIOUS player only. AGES: 4th grade thru 12th grade, co-ed. This camp is not for the beginning basketball player. Each player will be pushed to come out of his or her comfort zone. The players will work on foot-speed development, efficiency of movement off the dribble and out of triple threat, explosive drills, first step drills, ball-handling skills (right & left) and more. It is a tough camp, but you will learn more in these 5 hours than any other one-day camp you have ever attended. Please arrive at 7:45am for checkin. We recommend a bottle of water to have courtside for your convenience. WORK HARD! This is a great opportunity to work with world-class trainer Jason Otter!

Shooting Camp: Details: Shooting efficiency (taking out all wasted motion in the shot leading to a quicker release and more consistency) catch and shoot (release the ball faster and with more consistency by understanding proper techniques to the catch and shoot) catch and square (teach players how to catch and square up helping them establish correct pivot foot and load their legs for their shot and a explosive 1st step) creating space out of triple threat (making more efficient moves out of triple threat / creating space out of triple threat in the form of step backs and dribble moves / reading the defense out of triple threat / keys to making yourself hard to guard).

Explosive Guard: Every player wants to be more explosive and OtterBasketball's Explosive Guard Camp is THE camp that will get you there! This is an advanced camp and players entering this camp need to be familiar with OtterBasketball concepts and practice them regularly. This is an intense and physically demanding camp. The concepts covered in this camp include: * Advanced Jump Rope Techniques * Becoming Deceptive by Changing Speeds & Covering Ground Off the Dribble * Taking Contact From Defense * Strong Drives to the Basket * Speed & Power Finishes at the Basket * Proper Catch & Shoot Techniques * Proper Catch & Shoot On the Run * Shooting Off the Dribble * Creating Space Out of Triple Threat * Making the Proper Read on the Defense * Much, Much More. These 5 Hours are packed full of information, drills and concepts that will make you the Explosive Guard you want to be! Remember: This camp is for players that have attended OtterBasketball events in the past, practice our drills and concepts regularly and are ready to be pushed to the next level. Players in 7th grade thru College, only 18 players accepted!



Mail To: OtterBasketball 5800 Kochville Rd. Saginaw. MI 48604

Player Information:

REGISTRATION FORM

REPETITION + PROPER MECHANICS + INTENSITY = GAME SUCCESS

Kingdom Sports Center

Please Circle Camps you are Attending

One Day Camp – March 18th 8am-1pm (\$85) Shooting Camp – March 18th 2pm-7pm (\$150) Explosive Guard Camp – March 19th 8am-1pm (\$150)

Player Name:		Gender	: Male / Female (Please Circle One)
Date of Birth:		E-mail	:
Address:		Phone	:
City:		State:	Zip:
T-Shirt Size:	S M L XL XXL (Adult Sizes - Please Circle One)	School	:
basketball camp best judgment. I	activities. I hereby authorize the coad	ches/employee From any and a	good health and able to participate in the es of the camp to act for me according to their all actions for any injuries sustained while at the basketball camp.
Signature of Par	ent/Guardian		

Please Make checks payable to Jason Otter

Mail to:

OtterBasketball 5800 Kochville Rd. Saginaw, MI 48604